# SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, yoghurt, soreen and cheese & biscuits

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.













# **Week One**

# **Meat Free Monday**

Vegetarian Sausage Roll Merby Diced Potatoes and Baked Beans

Vanilla Ice Cream

#### **Tuesday**

V Pork Sausage with Yorkshire pudding Creamed Potatoes, served with Carrots and Peas

> Fresh Fruit Segments or Yoghurt



#### Wednesday

Pasta Bake

V Orange Jelly and Fruit

# **Thursday**

Crumb coated chicken with Chunky Chipped Potatoes, Garden Peas, or Baked Beans

Oven baked Fish Fingers Served with Chunky Chipped Potatoes, Garden Peas, or Baked Bean

**Homemade Cooks Choice Biscuits** 

# **Friday**

Home Made Vegetable Chilli served with rice.

BBQ Chicken served with Baked Wedged Potatoes, and Sweetcorn

Homemade Blueberry Cake/Muffin

# **Week Two**

# Meat Free Monday

Margarita Pizza Rounds Served with Baked Jacket Wedges and Sweetcorn

Doughnut

#### **Tuesday**

Pasta Bake

Fresh Fruit Salad or Yoghurt

#### Wednesday

∨ Spaghetti Vegetable **Bolognaise Served with Garden Peas** 

Arctic or Chocolate Ice Cream

# **Thursday**

**Crumb Coated Chicken** Served with Chunky Chipped Potatoes, Garden Peas or Baked **Beans** 

Oven Baked Fish served with Chunky Chipped Potatoes, Garden Peas or **Baked Beans** 

**Homemade Cooks Choice Biscuit** 

# **Friday**

**V** Brunch Lunch (Sausage, Beans, Hash Brown, Omelette)

V Raspberry Jelly and Fruit

# Week Three

# **Meat Free Monday**

Tomato and Mascarpone Pasta Bake Served with Seasonal Vegetables

Strawberry Ice Cream

#### Tuesday

V Chicken Curry served with Rice

Vegetarian Curry

Fresh Fruit Segments or Yoghurt

#### Wednesday

V Selection of Pizza (Pepperoni/Cheese) Served with Jacket Wedges, Salad

V Jelly and Fruit

# **Thursday**

Oven Baked Chicken Goujons Served with Chunky Chipped Potatoes, Garden Peas or Baked Beans

Oven Baked Fish Stars Served with Chunky Chipped Potatoes, Garden Peas, or Baked Beans

Homemade Cooks Choice Biscuit

# **Friday**

V Pork Meatballs in Tomato and Basil Sauce Served with Pasta and Garden Peas

Cheese Wrap served with Sauté Potatoes Sweetcorn and Salad

Vanilla and Chocolate Marble Muffin/Traybake





= Vegetarian ∨ = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals





